

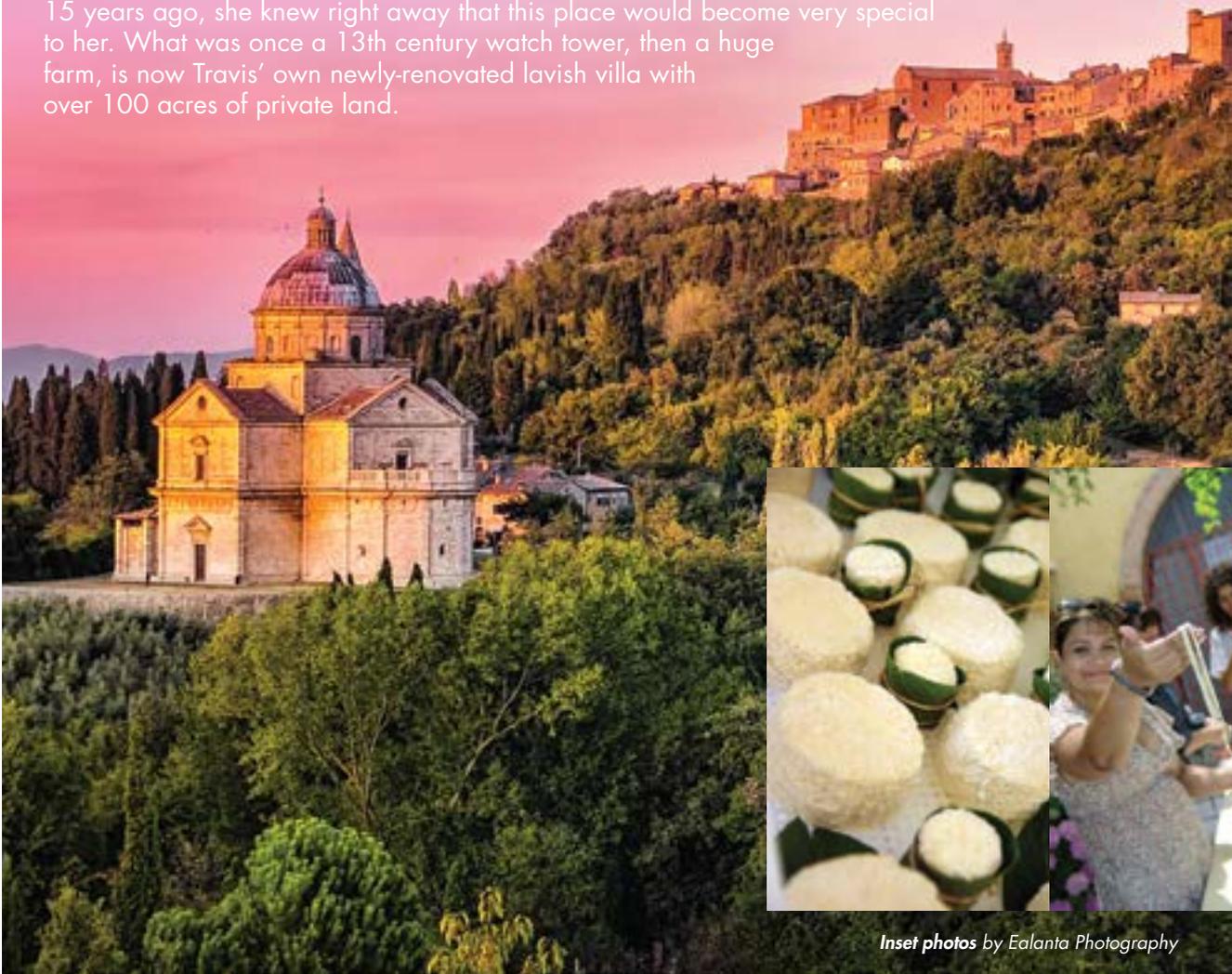


FOOD LOVERS' GETAWAY

A Gourmet Tuscan Country Inn Retreat with Debbie Travis

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Imagine looking over rolling hills and wheat fields, medieval farmhouses, olive groves, and vineyards as far as the eye can see. South of Florence lies the hilltop town of Montepulciano – a Tuscan gem whose surroundings have not changed in over 400 years. When Debbie Travis first discovered Tuscany over 15 years ago, she knew right away that this place would become very special to her. What was once a 13th century watch tower, then a huge farm, is now Travis' own newly-renovated lavish villa with over 100 acres of private land.



Inset photos by Ealanta Photography



For the past 5 years, Travis has been sharing her Tuscan passion by inviting women to travel ‘across the pond’ and experience a week of relaxation, self-rediscovery and reflection. *The Girls’*

Getaway Retreat brings together like-minded women who embark on a unique journey filled with memorable hikes, yoga sessions, cooking classes, country bike rides, inspirational speakers, visits to some of the most spectacular wineries, local restaurants and more. These ladies discover their inner sanctuary and leave rejuvenated and refreshed.

Now the home-styling design diva has decided to take things a step further with *Debbie Travis’ Gourmet Week*. Come 2016, culinary admirers, both ladies and gentlemen, are invited to experience the latest chapter in the retreat series. Couples, singles, friends, mothers and daughters will all be able to embrace Tuscany in a luxurious 5 star accommodation, with 14 suites, an infinity pool, lavender fields, olive groves, and a courtyard of ancient pomegranate trees. For these newly-dubbed “Tuscanites”, the next 7 days will revolve around sampling and drinking copious amounts of wine and eating local, organic, gourmet food. Guests will visit Debbie’s selection of must-taste restaurants, from Michelin starred to local hidden gems such as Ristorante 13 Gobbi, which lies within the walls of a nearby medieval castle and serves famous fettuccini mixed in a giant cheese wheel. The next day, the chefs who cooked for the guests in their restaurants will come to Debbie’s kitchen and teach her



Photos above from left to right:
Making pasta by Suzanne Simons;
Debbie Travis with Girls’ Getaway
Retreat by Ealanta Photography

guests how to re-create the very dishes they had the night before.

“Tuscany is all about the long table and dining with a large group of family and friends,” says Travis, “everything you eat here is organic, in season and produced locally – something that many of us in North America are not used to.” When her guests leave, Debbie hopes that they will have a new appreciation for gourmet food, incredible wines, sustainable farming and especially for Debbie’s own organic extra virgin olive oil! Plus, of course, incredible memories of their time with Debbie... under the Tuscan sun.

CONDO ELITE EXCLUSIVE

Debbie’s love of wine has linked her with Pillitteri Estates Winery in Niagara-On-The-Lake, Ontario. Together they have created wonderful wines under the Debbie Travis label that will be launched in Fall 2015!

For more information about the gourmet getaway, please visit: *Debbie Travis’ Tuscan Getaways*:

www.tuscangetaway.com

Debbie Travis’ Tuscan Getaways Facebook:

www.facebook.com/DebbieTravisTuscanGetaway

Twitter: @Debbie_Travis



Debbie’s Top 3 Wine Selections

(All available at LCBO and SAQ)

Casanova di Neri Brunello di Montalcino 2009

\$59.00

A top producer consistently scoring amongst the best Brunellos, this full-bodied red is fabulous for any occasion or fancy dinner.

Poliziano Vino Nobile di Montepulciano 2010

\$30.00

A very solid choice from one of the best producers in Montepulciano, Debbie loves to serve this as a casual dinner wine.

Attems Pinot Grigio 2012

\$21.25

Produced by Frescobaldi, one of Italy’s most prolific producers with vineyards in almost every region, this is a lovely light and easy white wine for all occasions. Especially lunch.

